

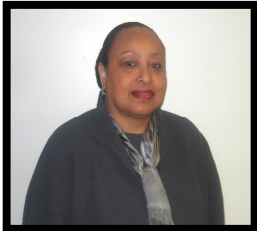
# The Beacon

February 2007

[www.alafcs.com](http://www.alafcs.com)

## Alabama Association of Family and Consumer Sciences "Improving the lives of individuals, families, & communities"

### From the President



Greetings! Serving as your president this year has been challenging and exciting. Perhaps most exciting of all has been working with membership initiatives and the planning and development of our upcoming 2007 Annual Meeting in Huntsville, Alabama on March 1-2.

The Executive Board and District – B are rolling out the red carpet to make this year's Annual Meeting meaningful, enjoyable, and an all around special event. The 2007 program features exemplary professionals related to various areas of Family and Consumer Sciences and FCS initiatives who will provide enlightenment on our theme, "Critical Trends and Challenges: FCS to the Rescue." From our General Sessions, to Concurrent Sessions and Exhibits, the organizers have worked to make the 2007 Annual Meeting a one-of-a-kind opportunity to equip you with fresh, relevant ideas to keep you on the cutting edge of our discipline.

We hope you've made your plans to attend. You don't want to miss what promises to be a wonderful chance to network with your colleagues, meet new friends, and reenergize professionally.

See you soon!

### Beacon Highlights

- Come To **Huntsville!!!**
- 2007 ALAFCS Awards
- Roundup for Reno
- ALADA Annual Meeting 2007
- AAFCS Notes
- Membership Report Card
- New ALAFCS Members

## 2006-2007 ALAFCS EXECUTIVE BOARD

### ELECTED OFFICERS:

President, Dr. Cynthia M. Smith, CFCS  
 President Elect, Dr. Frances E. Andrews, RD  
 VP Cooperative Relations, Dwight Bunn  
 VP Operations, Patricia S. Henderson  
 VP Program Development, Judy K. H. Brown  
 Secretary, Eve Pentecost, CFP®  
 Treasurer, Dr. Bernice B. Wilson, CFCS  
 Parliamentarian, Nan J. Teninbaum, CFCS  
 Historian, Dr. Frances Andrews, RD

### APPOINTED OFFICER

Editor of Publications, (Betty) T. E. Gottler

### DISTRICT PRESIDENTS

District B, Beverly Sims  
 District D, Leigh Ann S. Young  
 District G, LaChandra Timmons Brooks  
 District I, Gail B. Livings

### PROFESSIONAL SECTION CHAIRS

College & Universities, Dr. Ruth Davis  
 Ele., Secondary & Adult Education, Nanaline Burgess  
 Cooperative Extension System, Joan S. Wissinger  
 Home & Community, Jean M. Garner, CFCS  
 FCS's in Research, Dwight Bunn  
 Student Member Section, Sonya Jones  
 State Advisor to Student Unit, Karen J. Nemeth, CFCS  
 New Professional, Rachel S. Jones

### SUBJECT MATTER SECTION CHAIRS

Apparel & Textiles, Dr. Linda Gardner  
 Education & Technology, Sara N. Rohar  
 Family Relations & Child Development, Janice S. Hall  
 Family Eco. & Resource Mgmt., Dr. Dorothy P. Brandon  
 Food Management, Mrs. Ann P. Warren  
 Housing, Furnishings. & Eqt., Martha Karen Lovell, CFCS

### STANDING COMMITTEE CHAIRS

Mem. Eligibility (VP Operations), Patricia S. Henderson  
 Finance (Treasurer), Dr. Bernice Wilson, CFCS  
 Nominating, Linda H. Bevell Bachus  
 Annual Meeting, Dr. Bernice Richardson  
 By Laws (Parliamentarian), Nan J. Teninbaum

### SPECIAL COMMITTEE CHAIRS

Scholarship, Collie M. Wells  
 Public Relations & Communication, Dwight Bunn  
 Resolutions, Nan J. Teninbaum, CFCS  
 State Rep. to AAFCS Foundation, Dr. Ruth Davis  
 State Rep. to AAFCS Foundation, Nancy C. Billing  
 Awards, Dr. Virginia Caples  
 Public Policy, Linda H. Bevell Bachus

### MEMBER-AT-LARGE

Carolyn B. Ricketson

### PAST PRESIDENTS

Jackie M. Ramsey  
 Janice S. Hall  
 Sara Rohar

**Come to Huntsville!**  
**Come to Huntsville!**  
**Come to Huntsville!**



Echoing the  
“Come to  
Huntsville”  
invitation  
extended to you  
in Auburn on  
last year, we  
encourage your

attendance at the 2007 ALAFCS Annual Meeting. The Executive Board and District – B members are all excited about the upcoming meeting program which features outstanding guest speakers and presenters for General Sessions as well as Concurrent Sessions.

The program begins with a message from our national president, Dr. Dixie Crase, followed by the SCALE BACK team of Miriam Gaines and Reuben Studdard (invited). The seceding General Sessions are just as stellar. Our luncheon speaker will be Dr. E. Thomas Garman, one of the gurus of Financial Planning/Literacy. He promises to be great! If you have a moment, take a look at him on his website ([www.ethomasgarman.net](http://www.ethomasgarman.net)). His credentials are unbelievable, and from my interactions with him, he seems to have a superb personality.

Alabama’s own past national president from District-B, Dr. Virginia Caples, will provide a challenging presentation on our theme at the Awards Breakfast. Finally, the meeting will close with a dynamic presentation from TLC’s “Trading Spaces” designer, Christi Proctor.

Come to Huntsville; the registration numbers are increasing daily. Kudos to those of you who registered early. For those of you who have not yet registered, please do so soon!

...Y’all Come!!

Bernice Richardson,  
*Annual Meeting Chair*

---

## **2007 ALAFCS AWARDS**

The *Alabama Association of Family and Consumer Sciences* is pleased to offer awards to outstanding professionals and pre-professionals in our organization, colleges, and universities. With the exception of the *Friend of the Family Award*, all recipients must be members of AAFCS.

***Teacher of the Year Award.*** Candidates must be full-time, K-12 teachers of Family and Consumer Sciences. Each district is encouraged to submit a candidate. The Alabama winner may submit to compete in the national AAFCS Teacher of the Year Award.

***Extension Family and Consumer Sciences Award.*** This award honors an outstanding Extension professional who has enabled people to improve their lives and communities through learning partnerships.

***Future Family and Consumer Sciences Professional Award.*** This award recognizes emerging professionals who have shown potential for making contributions to the profession.

***Family and Consumer Sciences Professional in Business Award.*** This award honors an outstanding business professional who has taken expertise into the business world to make a positive impact.

***Family and Consumer Sciences Professional in Human Services Award.***

This award focuses on work that **2007 ALAFCS AWARDS** builds communities in which families are valued, supported, and strengthened. Members from all sections are eligible for the award.

***Leaders Award.*** This award is given to identify and honor Family and Consumer Sciences professionals who have significant contributions to the profession through involvement with ALAFCS.

***Friend of the Family Award.*** This award is presented to an individual or organization involved in making policy decisions that affect the well-being of the State's families. The recipient of this award does not necessarily have to be a member of AAFCS.

**Please take time to think of members deserving of these awards. Take the next step by submitting your nominations by FEBRUARY 23, 2007 to:**

**Dr. Virginia Caples  
P. O. Box 967  
Alabama Cooperative Extension System  
Alabama A& M University  
Normal, AL 35762**

**[virginia.caples@aamu.edu](mailto:virginia.caples@aamu.edu)  
[vcaples@comcast.net](mailto:vcaples@comcast.net)**

Due date for all nominations:  
**FEBRUARY 23, 2007. The email is the preferred means of communication.**

Virginia Caples, PhD  
*Awards Committee Chair*

**Last Call for Participation ...  
Research, Creative Works, and  
Innovative Teaching Session**



Professionals in Family and Consumer Sciences or related areas are invited to submit abstracts for presentation at the 2007 ALAFCS Annual Meeting. Abstracts may be submitted in the following categories: (1) Research, (2) Creative Works, and (3) Innovative Teaching.

Each abstract is restricted to one paragraph and should contain no more than 250 words (excluding the title and authors). All abstracts must identify any funding sources in the last sentence of the abstract; for example, "This project was funded by NIH."

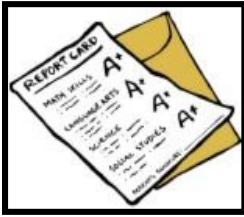
More than one abstract may be submitted per author, but each abstract must be completed as a separate file.

There's still time for you to present at the 2007 Annual Meeting in Huntsville! (*The deadline has been extended.*) Abstracts should be submitted electronically to [dbunn@una.edu](mailto:dbunn@una.edu). For additional information, contact:

**Dr. Dwight Bunn  
P.O. Box 5152  
University of North Alabama  
Florence, AL 35632  
(256) 765-4483**

Dwight Bunn  
*Research Committee Chair*

## AAFCS Membership...A+Plus



Membership in AAFCS provides wonderful opportunities to enhance professional competencies and network with professionals from all areas of FCS and related fields. Additionally, national membership in AAFCS qualifies one for state and district membership. Association membership has many benefits:

- An excellent website ([www.aafcs.org](http://www.aafcs.org)) featuring great information on such topics as public policy, public relations, resources, and even employment opportunities.
- An Annual Meeting and Exposition during the latter part of June exploring current themes and research in the profession, as

well as the latest products and resources through exhibits.

- Recognition is given to the Teacher of the Year recipients from each state, leaders, 50 year members, Distinguished Service Award recipients, and others.
- A quarterly professional journal on current topics in research and professional practice.
- Coming soon will be opportunities for participation in Communities of Practice/Interest to encourage collegial interaction.

With all of these advantages, membership is definitely a plus (A+) for the prepared professional.

Patricia S. Henderson,  
*VP Operations*

## ALAFCS A+ Members (as of January 2007)

Allison, Sonja D.  
Andrews, Dr. Frances  
Ashley, Deborah  
Avery, Arthur  
Bachus, Linda H. Bevill  
Baker, Carolyn E.  
Barr, Ann  
Barrett-Parker, Lori  
Baskin, Anna  
Billings, Nancy C.  
Bivins, Carolyn F.  
Bonner, Dr. Judy  
Boone, Carla  
Boschung, Dr. Milla  
Boyd, Elta M.  
Brakefield, Jan L.  
Brandon, Dorothy P.  
Brooks, Belinda F. Sutton  
Brown, Judy K.H.  
Bunn, Dwight  
Burgess, Nanaline  
Cagle, Elizabeth E.  
Caples, Dr. Virginia  
Carpenter, Anne B.  
Carter, Marsha M.  
Clark, Miranda Gray  
Coffey, Nalda R.  
Cook, Donnie L.  
Cook, Jo Ann H.  
Crawford, Kathryn P.  
Davis, Elizabeth Y.

Davis, Dr. Ruth F.  
Dawkins, Branda F.  
Day, Rene' D.  
Dunlap, Angel  
Dyett, Patricia  
Edwards, Mary C.  
Gambrell, Anne R.  
Garner, Jean M.  
Gill, Janice  
Goode, Jill L.  
Gottler, Thelma E.  
Hales, Maisie  
Hall, Janice S.  
Hathcock, Jeanne A.  
Heard, A. Renee'  
Henderson, Dr. Chinella  
Henderson, Patricia S.  
Hill, Edna C.  
Hughley, Rheta F.  
Jenkins, Charity  
Johnson, Clarene T.  
Johnson, Martha R.  
Jones, Heather M.  
Jones, Odessa  
Jones, Rachel  
Knight, Jane G.  
Saxon, Grady Sue L.  
Lewis, Genel B.  
Lind, Tiffany Lind  
Livings, Gail B.  
Long, Theresa  
Lovell, Martha K.

Maxwell, Cindy  
McCollister, Lynne  
McCrary, Norma  
McDonald, Bonnie B.  
McDonald, Dian C.  
McGuffee, Frances J.  
Mims, Sheryl D.  
Mobley, Barbara W.  
Moore, Judy M.  
Moorer, Frances  
Morgan, Katherine R.  
Napoli, Paula  
Nemeth, Karen J.  
Peaslee, John E.  
Penhale, Debbie  
Pentecost, Eve  
Phillips, Tomy M.  
Posey, Barbara  
Prucnal, Peggy A.  
Pugh, Shirley M.  
Pullen, Helen R.  
Ramsey, Jackie M.  
Reynolds, Dr. Laura  
Reynolds, Susan J.  
Rhodes, Rebecca A.  
Richardson, Bernice C.  
Ricketson, Carolyn B.  
Roberts, Janet B.  
Rohar, Sara N.  
Schofield, Frances  
Shields, Elaine B.  
Simpson, Dr. Janis B.

Sims, Beverly D.  
Sinclair, Sherryann  
Smith, Cynthia M.  
Smith, Natha L.  
Stahl, Karen A.  
Sitt, Kathleen  
Struempfer, Barbara  
Tanner, Edna  
Tanner, Jennifer L.  
Taylor, Mickey P.  
Teninbaum Nan  
Terry, Patricia H.  
Thompson, Ann E.  
Tibbs, Eunice P.  
Townsel, Kim H.  
Underwood, E. J.  
Varner, Shirley  
Wanjugu, Dorcas  
Warfield, Carol L.  
Warren, Ann P.  
Warren, Barbara J.  
Wells, Collie M.  
Wesley, Venita A. B.  
West, Suzanne M.  
Wheeler, Kristy  
Williams, Felecia H.  
Willis, Lela H.  
Wilson, Bernice  
Wingard, Susan F.  
Wissinger, Joann S.  
Yocum, Virginia Y.  
Young, Virginia

## Transforming AAFCS

AAFCS is changing. Keep current on these changes through issues of The FACS newsletter and by visiting the AAFCS website ([www.aafcs.org](http://www.aafcs.org)). Initial results were posted in the June/July issue of the newsletter with respect to the Mission, Governance Membership and Structure. A mid-year vote was taken regarding the AAFCS revised Mission Statement and the Emeritus Membership Category. The results are as follows:

- New (revised) Mission Statement  
*To provide leadership and support for professionals whose work assists individuals, families and communities in making informed decisions about their well-being, relationships and resources to achieve optimal quality of life.*
- Change in Governance Structure  
*The proposal created a Board composed of officers and four directors elected At-Large, who focus on the good of the whole association and serve three-year terms not to succeed themselves. The President will remain on the Board for one year as Immediate Past President.*  
  
*The Finance Committee will consist of three members of the Board of Directors (President, President-Elect and Treasurer) plus two AAFCS At-Large members.*
- Membership (Effective May 1, 2007)  
Active Membership limited to -  
*“Professionals with a degree in family and consumer sciences or related field working toward or supporting the vision and mission of AAFCS.”*

*Emeritus Membership (by Mid year vote of Senate) - dues of \$95.00 annually, with all member benefits inclusive of the subscription to the Journal of Family and Consumer Sciences.*

*Student Membership Category amended to eliminate the option for secondary school students to join.*

- Structure  
*Renamed the Preprofessional /Graduate Student Section to the Student Unit. Moving to Communities of Interest/Practice, effective May 1, 2007.*

## Alabama Dietetic Association Annual Meeting 07

The 2007 Annual Meeting of the Alabama Dietetic Association will be held in Huntsville, March 7<sup>th</sup>-9<sup>th</sup> at the Von Braun Center. The theme will be: BLAST OFF TO GOOD NUTRITION & WELLNESS, BOOST PROFESSIONALISM, BECOME THE BEST!

The Annual Meeting program will offer a variety of nationally known speakers covering a range of topics of interest to everyone in the dietetic profession. On Wednesday, a pre-conference Workshop on “Standardized Nutrition Language... Advancing Nutrition Care in a World of Evidence-Based Practice” will be offered. The Workshop will be presented by Christina (Chris) Biesemeier, MS, RD, LDN, FADA. She is Assistant Director of Nutrition Services and manages Clinical Nutrition Services and Nutrition Outcomes Research at Vanderbilt University Medical Center (VUMC) in Nashville, Tennessee.

On Thursday, the opening session will feature the famed author and speaker,

Tim Wright, author of Batteries Included: How to Charge and Recharge Your Creative Cells. Afterward, a presentation on The Next Generation of Fats along with an Asian cooking demonstration will be presented by Naomi Kakiuchi, RD. This presentation will be sponsored by Enova Oil, and Brent Flickinger, A senior Research Manager with Archer Daniels Midland Company.

Dr. Roy Maize, FADA from the University of Alabama, Tuscaloosa will give an encouraging and uplifting presentation on leadership. Other featured speakers will include the President-Elect of the American Dietetic Association, Connie Diekman, MEd, RD, LD, FADA and Juliana Smith, Director of State Government Relations, ADA.

ALDA will also celebrate the progress of the organization with the 75<sup>th</sup> Anniversary Celebration and Foundation Dinner. This activity will be held at the Early Works Museum in Huntsville. Member awards, student awards, scholarships and other recognitions will be made at this time.

On Friday, the program will open with a special presentation from Dr. Robert P. Heaney of Creighton University, followed by ALDA'S own, Margaret Garner for the Karen Wright Memorial Lecture. Afterwards, there will be breakout sessions with some outstanding topics and speakers. The annual meeting concludes with an interesting presentation by Mark Noble, an exercise physiologist.

Ann P. Warren, *Section Chair*  
*Nutrition, Health, Food Management*

---

## Invitation to Reno



Round up (your colleagues) for  
Reno!!!

Save the date: June 21 to 24,  
2007 in Reno, Nevada!!

Theme: America's Cultural  
Kaleidoscope: Challenges and  
Opportunities

Check the AAFCS website for  
continuous updates!

---

### Notes from the AAFCS Annual Conference Committee

#### 1. Need your help

**AC Committee** - The Annual Conference Committee needs the names of some secondary teachers who will be attending the conference in Reno to serve on a panel that will address the challenges of diversity in the classroom. The committee would prefer a teacher who works with students of many different cultures, as opposed to someone who teaches a unit on diversity.

**Student Unit** - The student unit is eagerly looking for qualified candidates to serve as officers for their group. Let's support the future of our profession by providing them with the names of our rising stars!! Please send names ASAP to Student Unit Chair, Melissa Wilmarth at:

[Melissa.Wilmarth@gmail.com](mailto:Melissa.Wilmarth@gmail.com)

## 2. Research to Practice Rounds

Applications for Research to Practice Rounds are on the AAFCS website now!! The deadline is February 28<sup>th</sup>. Go to the conference link, then to proposals and it is at the top of the list. **Contact** Marilyn Swierk at [msinnovate@aol.com](mailto:msinnovate@aol.com) if you have questions or problems accessing the application.

**Please note:** Applications for Curriculum Showcase will be on the website soon!  
**Contact Jane** Steiner, CFCS @ [jsteiner@southmont.k12.in.us](mailto:jsteiner@southmont.k12.in.us) if you require additional information.

## 3. Parents and the Law Training Session

**RESERVE YOUR SPOT TODAY FOR THE PARENTS AND THE LAW REGIONAL TRAINING INSTITUTE IN RENO! Reno, NV – June 24-25, 2007**

**Register to attend this valuable training opportunity for family and consumer sciences professionals, teachers, social workers, nurses, parent educators, and community leaders who work directly with teen parents, parent groups, child development or parenting students!**

The Parents and the Law program and curriculum are designed to help parents including teen and future parents, learn practical legal information, and the skills to use it to strengthen their families and prevent child abuse and neglect.

For details about the Parents and the Law Regional Training Institutes, please visit the web site at [www.streetlaw.org/pal.asp](http://www.streetlaw.org/pal.asp).

Participants will be accepted on a first-come, first-serve basis and space is limited! Act now to take advantage of the \$50.00 registration fee. To apply, contact

Shannon Tobin at 240-821-1324 or e-mail [stobin@streetlaw.org](mailto:stobin@streetlaw.org).

Shannon Tobin, Program Coordinator, Street Law, Inc.  
1010 Wayne Avenue, Suite 870, Silver Spring, MD 20910  
P: 240-821-1324 F: 301-589-1131  
<http://www.streetlaw.org/>

## 5. AAFCS Communities

Your communities work group is delighted to share the new official name of “AAFCS Communities.” They are hard at work carefully designing plans for this important transition. Information will be forthcoming on the AAFCS website and three sessions are planned at annual conference for orientation, formation, and meeting opportunities for these important groups.

---

### Known New Members



**Welcome, or welcome back, to AAFCS and the Alabama Affiliate:**

Olivia Brandon  
Lachandra Timmons Brooks  
Judy J. Edmond  
Linda Gardner  
Alfredia Montgomery  
Gloria Ray Percell  
Wilma Ruffin  
Ola Goode-Sanders  
Allison Young  
Patricia Y. Young

\* Did we omit your name? Please let us know!!!!

---

## Affiliate Registration Contest

---

### 2-007 Mission: Possible AAFCS 98<sup>th</sup> Annual Conference Affiliate Registration Contest



#### Your Mission (if you choose to accept it)

Regularly promote attendance at the AAFCS 98<sup>th</sup> Annual Conference so that at least **10% of your affiliate's members register** (full or one-day).

#### Your Communication Devices

Use the **marketing and PR tools** provided with the monthly publicity notices to encourage your members to attend the conference.

#### Your Deadline

Your mission must be completed by **May 15, 2007**. Registrations that are postmarked or faxed by May 15 will count towards your 10% goal.

#### Your Reward

All affiliates who complete the mission by May 15 will be entered into a drawing to win one of three **2008 AAFCS Annual Conference full registrations**. Affiliates may use the 2008 registration to recognize an outstanding member or to encourage a new professional to attend for the first time.

*This message will self-destruct in 30 seconds. Good luck with your mission!*

Be sure to look for contest updates in future publicity notices. ***(The Alabama Affiliate's goal for this mission is 13 registrants.)***

---

---

## Membership Contests

---

ATTENTION ALAFCS Members!

*It could be your year to win!*

Recruit one new member to join AAFCS from **December 31, 2006 to April 30, 2007**.

Have her /him list you as a reference/sponsor, and you are automatically entered into the

**AAFCS**  
**"I'm a Winner!" Giveaway.**

.....3 Lucky Entrants will be selected at random to WIN valuable gifts.....

---

...And the  
**\$500 CASH PRIZE**  
goes to...



If we increase our membership roster by **5%** from **December 31, 2006 to April 30, 2007**, we will be entered in a drawing for a **\$500.00 CASH PRIZE!**

---

**America's Cultural  
Kaleidoscope:  
CHALLENGES AND  
OPPORTUNITIES**



**AAFCS**  
98th Annual  
Conference & Expo  
June 21-24, 2007  
Reno, Nevada

**Register for Reno**  
*Only \$359 for Members!*

Early Bird Full Registration Rates (valid through April 1, 2007)

AAFCS Active Member \$359	(\$210 off the onsite rate)
AAFCS Student Member \$99	(\$61 off the onsite rate)
Nonmember \$449	(\$210 off the onsite rate)

Full registration rates include one ticket to the Pacesetter Brunch.

**Other Registration Rates**

One-Day	\$219 (Thursday, Friday, or Saturday)
Family Member	
Expo Only	
	\$75 (nonmembers, NO Brunch)
	\$75

To register, complete and submit the [Registration Form \(PDF\)](#). An online interactive form will be available by March 1, 2007.

[www.aafcs.org](http://www.aafcs.org)

*The Beacon* articles due on April 15<sup>th</sup>.

The next issue of *The Beacon* should be published in May. Take a few moments to send articles about your students and their activities. Without your input *The Beacon* will not happen. Special thanks to Sharon Moore and others at Alabama A&M University for their talents with this issue of *The Beacon*. Remember that it is your publication. Let us hear from you.