

PRESIDENT'S MESSAGE



**Jackie Ramsey
ALAFCS, President**

Great Meeting!

What a wonderful Annual Meeting we had down on the plains in Auburn! If you did not get to attend our 91st ALAFCS Annual Meeting "Extreme Makeover: Retooling Our Profession" held in Auburn March 2-3, 2006 you really missed out! Although it has come and gone, hopefully the new knowledge and skills we obtained will inspire us for months to come! Joining with the National Extension Association of Family and Consumer Sciences, Alabama Affiliate and inviting our FCS non-member professionals increased our total attendees to 235. Based on the results from our program evaluations, the annual meeting was a huge success! A special thanks to Barb Struempfer and Sondra Parmer, Co-Chairs, and the entire annual meeting planning committee. They did a fabulous job and motivated all of us.

Special Highlights!



Enjoying the Auburn Singers at the ALAFCS Awards Luncheon



News Anchor Bill Bolen of Fox 6
Receives "Friend of ALAFCS Award"

Heads Up!

If you have been keeping up with the news from AAFCS, you are aware that many organizational changes are occurring on the national level. Over the past year the board has been getting input from various means: Affiliate Conversation Cafés, Open Forum at the 2005 annual conference, electronic surveys, Future Search Summit dialogue, and affiliate conference calls. In early February a special task force was appointed to consider all the recommendations. The task force agreed to recommend:

Open membership in the association beyond FCS-degreed professionals to those who are working toward our mission of "bringing people together to improve the lives of individuals, families and communities," but who do not have a degree in a traditional FCS discipline.

Streamlined AAFCS governance, designed to align with the association's 21st century priorities and communities of interest. This includes revisions in such structures as committees, units, sections, and divisions as well as Board make-up and term length.

Work groups have been established to further define the specific details of the recommendations. The results will be shared with all AAFCS members and presented to the general membership well before the Annual Conference in Charlotte, North Carolina. Bylaws changes will likely be necessary at this Conference and in the future. These changes will definitely impact all affiliates and here in Alabama, we certainly want to keep informed. You can learn more about this at www.aafcs.org

Special Thanks!

As my year, serving as ALAFCS President, draws to a close, I cannot go quietly without recognizing and acknowledging the hard work of our 2006 Board members. They have truly inspired me and kept me fired up for our Family and Consumer Science profession. They came to and participated in all the ALAFCS Board meetings, served on numerous task forces, served on committees, compiled and presented reports, established and maintained our website, worked on our Strategic Plan and Bylaws, and so much more. Thank you each and every one for making my job so much more enjoyable. It has truly been an honor and joy to work with such dedicated professionals.

I look forward to all that lies ahead for the Alabama Association of Family and Consumer Sciences as our most capable leader Dr. Cynthia Smith assumes the Presidency June 1, 2006.



2006 ALAFCS Board....Working for YOU!

Challenge!

After a recent trip to tour the devastated areas in New Orleans, I have come to realize even more profoundly the true value and worth of our profession. Our program areas help "Strengthen Families" and make life better for those we serve. If we do not do it, who will? We must continue to "bring people together to improve the lives of individuals, families and communities. That is truly what we are all about and it will serve as our legacy forever. We must do everything possible to keep our profession strong. Whatever it takes to make lawmakers, the public, and people of influence know the impact of what we do....we must do it NOW!!! Please call me at 205-325-5342 ext. 13 or email me at ramsejm@auburn.edu anytime! God bless each of you all for the work you do daily. Together we truly make a difference!



Devastation of New Orleans, St Bernard Parrish
And 9th Ward areas

2005 AAFCS Fall Leadership Workshop

Cynthia M. Smith, PhD
President Elect, ALAFCS

The 2005 AAFCS Fall Leadership Workshop was held October 29-31 in Indianapolis, Indiana. From the topic, “16 Habits of Mind for Effective AAFCS Leadership,” an array of topics were covered to equip affiliate leaders with the necessary tools for leadership. Topics included:

- Leadership and Team Building Techniques
- Membership Development
- AAFCS Development and Fundraising
- Annual State/Regional Meetings
- Newsletters
- Certification
- Conversation Café
- Public Policy

As a result of recommendations from the '04 Leadership Workshop, several sessions were devoted to Public Policy, specifically to Obesity as a Public Policy Issue. Participants were introduced to, and engaged in, a public deliberation format as a paradigm for action toward the development of public policy. A Public Policy Deliberation Guide entitled, “Sizing Up America,” was used throughout the public policy sessions.

Great speakers/presenters were responsible for facilitating the sessions. Presenters included Don Bower (AAFCS President), Bettye Trost (Vice President for State Affiliates), Linda Wilson (AAFCS, Director Public Policy and Professional Development), Bonnie Braun (Chair, Public Policy Committee), Susan Shockey (Vice President Elect for

State Affiliates), Sue Williams (Vice President for Planning), Jan Hartough (member, AAFCS Public Policy Committee), Peggy Wild (Past President, AAFCS Council for Certification), Karen Gobel, Jenny Schroeder (AAFCS Body of Knowledge Committee) and others.

The workshop was exciting and action packed. The meeting closed with a reflection of the “16 Habits of Mind,” and a reminder that we can all look forward to a bright future in AAFCS.

The workshop was truly an opportunity to learn, share and network with incoming affiliate leaders and national leaders in AAFCS. Participants left with the tools necessary to work at the affiliate level in concert with national goals and initiatives. Thank you for the opportunity to serve as your President Elect and to represent ALAFCS at the 2006 AAFCS Fall Leadership Workshop.

The Beacon Deadline

The next deadline for articles for The Beacon will be August 15, 2006. Please e-mail to : gottlte@auburn.edu.

Articles can reflect AAFCS business and interest, as well as, articles from members showing active participation in the classroom, community, and work.

Photos are also accepted.

Integration of Core Academics
FCCLA Award



Judy Brown has won the first ever Family, Career and Community Leaders of America (FCCLA), Integration of Core Academics Award. The award will be presented to Judy on July 11th in Nashville, TN. and the National FCCLA Convention.

Judy won based on the following criteria: FCCLA Adviser who integrates one or more core academic subjects into FACS; Active FCCLA Chapter; Examples and lesson plans of integration of core academics into FACS; Presentations and efforts to share techniques with other teachers and Advisers; Public relations to increase awareness of integration of academics; Letters of recommendations; Complete application.

Judy has been traveling throughout the year to different national conventions to share her unique lesson plans. This year she presented in Miami and Atlanta. Last year she presented in New Mexico and San Diego.

New Professional Chair Report
By: Miranda (Gray) Clark

Great news, there is a new class that you can possibly teach that can help your students earn up to seven credit hours towards a B.S. degree in the human/social sciences field. This is a wonderful way for students to earn college credit that will be counted towards their elective hours needed for a 4-year degree. The class is geared for students that would like to work for example, as a social worker, in DHR, or Headstart, etc.

The textbook for this class consists of ten chapters that the students would read and answer questions on, prepare a portfolio, and develop three Family Development Plans (FDP). This credential is awarded through the University of Alabama and Auburn University.

I piloted this course last semester and my students truly enjoyed the class. For additional information, please feel free to contact me at mgray@aamu.edu or 205/379-5100 to find out more on how this course can benefit you and your students.

Any FACS teacher that would like to teach the Family Development Credential can contact myself or either of the two names listed below.

Contacts for the Family Development
Credential Course

Debbie Wallace debbie@cfckids.com

Or

Judy Moore at the Alabama State Dept.
of Ed judym@ALSDE.edu

ALAFCS Scholarship Awardees for 2005-2006

Undergraduate Scholarship (\$1000)

Morgan Pope is a sophomore at the University of Montevallo. She is majoring in Family and Consumer Sciences Education and will graduate in May of 2008. Morgan is very involved in the PPGSS (Pre-Professional Graduate Student Services) on campus and has attended statewide activities. This year, Morgan worked as the FCCLA Membership Intern in Alabama and traveled the state making presentations to high school students and teachers about FCCLA projects and activities. She also serves as the co-director of the youth puppet team at her church. Morgan will be an excellent FACS teacher and is most deserving of this scholarship.

Graduate Scholarship (\$1000)

Charity Dunn Jenkins is the recipient of the \$1000 graduate scholarship. She is enrolled at the University of Alabama in family financial planning and counseling. She received her bachelor's degree in 2002 from Jacksonville State University in family and consumer sciences education. Charity teaches early childhood education to 10th through 12th grade students at Marshall Technical School in Guntersville. She and the students run two preschool programs for children age three through five. The high school students are learning skills to become daycare workers or preschool teachers. Charity's professional goals are to apply the knowledge learned through her graduate studies to become a better teacher. She hopes by teaching her students about financial management, they will be better equipped for their future. Congratulations Charity.

High School Scholarship (\$1000)

Emily Bowles will graduate from Colbert County High School in May. She plans to attend the University of North Alabama and major in Interior Design. Through the numerous FACS courses she has taken in high school, and by helping her mother design and decorate two family owned stores, she realized her interest in this career field. Emily has been very involved in many community service projects in high school. During her 10th grade year, she served as the FCCLA State Vice President of STAR Events. Emily will be presented her scholarship at the FCCLA State Leadership Meeting on April 7.

Teen Cuisine Challenge

By Judy Brown, BJHS

The Bob Jones High School Culinary Arts Team took top honors at the first round of Teen Cuisine. There were eight schools to compete. Four schools in the morning and four in the afternoon. Auburn High School won the morning round and BJHS took the afternoon round.

The team is Andrew Cowles, Amy Underwood, Jessica Henry and Brendhan Burleson. This was a very hard competition. It was like IRON CHEF with secret ingredients and students having to make up their own recipes.

When we arrived one of the chefs said we have been waiting on the great Bob Jones Squad (talk about pressure). That same chef told us after the competition he knew why we were talked about so much now. The judges gave wonderful comments to our students.



The menu the students prepared is listed below with secret ingredient.

Starter: Sautéed shrimp with Pesto Crustini and a lemon Buerre Blanc (secret ingredient Red Snapper)

Entree: Herb Crusted Frenched Rack of Lamb with Red Bliss Potatoes and Haricot verts (secret ingredient purple potatoes)

Dessert: Poached Pear with Banana Brulee and Raspberry Coulis with a mint whipped cream (secret ingredient mango)